

## Glossary of Terms

**Initial stage of development: (below basic)** The stage of development during which the first observable and purposeful attempts at performing a skill are made.

**Elementary stage of development: (basic)** The stage of skill development during which coordination and rhythmical performance improve and the performer gains greater control over their movement. The performance, however, is still somewhat awkward and lacking fluidity.

**Mature stage of development: (proficient)** The stage of development characterized by the integration of all component parts of a pattern of movement into a well-coordinated, technically correct form.

**Advanced:** Competency beyond “meeting the standard” (proficient), highly skilled performer and considered an advanced performer.