

Student Involvement Programs 2010-11

Academics:

<i>AOIT / TSS</i>	<i>Synergy</i>
Advisor Contact	Brian Voeltner, Teacher Rm. 751 mvoeltner@sandi.net ext. 4751
Meeting Info	Monday, Tuesday, Thursday after school
Duration	Year-Round
Eligibility	None
Program Description	Synergy provides a safe place to hang out, do homework, and receive help for homework. Students are able to make up assignments, tests, & absences.

<i>AVID</i>	
Advisor Contact	Ted Hernandez, Teacher - Rm. A-11 thernandez@sandi.net 283-1297 ext. ext 31
Meeting Info	Monday-Friday class periods
Duration	All 4 years of high school
Eligibility	"C" average w/ desire to attend college
Program Description	College prep electives

<i>ESL Language Lab</i>	
Advisor Contact	Meghan Voeltner, Teacher Rm. A-8 mvoeltner@sandi.net ext. 28
Meeting Info	Monday - Friday 7:00am - 8:00am in school library
Duration	Year-Round
Eligibility	None
Program Description	Assist English Language Learners develop better English skills. Homework tutoring will be provided along with supplementary English Language lessons

<i>FACES</i>	
Advisor Contact	David Bond- Program Manager/ Trina Le-Counselor
Meeting Info	TBA
Duration	Year-round
Eligibility	Interest in Health Care/ Sciences, Grades 11-12
Program Description	Learn about Health- Science Professions, Mandatory Tutoring, Hospital Rotations, Community Services, College Tours

VAPA:

<i>Band</i>	
Advisor Contact	Cameron Brown, Band Director, Rm. 302, cbrown@sandi.net ext. 4302
Meeting Info	Assigned a class period Monday - Friday
Duration	Year- Round
Eligibility	2 years or more of middle school band or 1 year of high school band experience
Program Description	Pep band performs at football & basketball games. Band also performs at local events (parades, rallies, etc.) & rehearses for many

	concerts during the year.
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<i>Choir</i>	
Advisor Contact	Laura Williams, Teacher - Rm. 305 lwilliams@sandi.net
Meeting Info	Monday - Friday assigned period
Duration	Semester
Eligibility	Love of music & desire to sing
Program Description	This class meets to learn about music & sing. Extra-curricular activities include concerts, festivals, & trips

<i>Orchestra</i>	
Advisor Contact	Laura Williams, Teacher - Rm. 305 lwilliams@sandi.net
Meeting Info	Monday - Friday assigned period
Duration	Semester
Eligibility	Love of music & desire to play an instrument
Program Description	Class meets to learn about music & play orchestral string instruments. Extra-curricular activities include concerts, festivals, & trips

Athletics:

<i>Basketball</i>	<i>Boys</i>
Advisor Contact	Ollie Goulston ogoulston@yahoo.com
Meeting Info	TBA; after school practices and games
Duration	November - March
Eligibility	2.0 + GPA
Program Description	Basketball practices and games for all grade levels

<i>Basketball</i>	<i>Girls</i>
Advisor Contact	Ron Lardizabal rlardizabal@sandi.net
Meeting Info	TBA; after school practices and games
Duration	November - March
Eligibility	2.0 + GPA
Program Description	Basketball practices and games for all grade levels

<i>Baseball</i>	
Advisor Contact	Ron Lardizabal rlardizabal@sandi.net x2162 Boys P.E., Athletic Director
Meeting Info	TBA; after school practices and games
Duration	February - May
Eligibility	2.0 + GPA
Program Description	Baseball practices and games for all grade levels

<i>Cardinez</i>	<i>Dance Team</i>
Advisor Contact	Danielle D. rm 602 Hoover Health Center tdaniel@sandi.net
Meeting Info	0 period & Wednesday after school practices
Duration	Year round + summer
Eligibility	2.0 + GPA & good behavior
Program Description	Hoover High Dance Team performs at half time Varsity football & basketball games. Cardinez is a drill and hip-hop dance team. Additionally will perform at pep rallies & other school events + attend summer camp.

<i>Cheerleading</i>	
Advisor Contact	Coach Deborah Sprewell, school contact: Danielle D. rm 602 Hoover Health Center tdaniel@sandi.net
Meeting Info	TBA; after school practices and games, tryouts in May each year
Duration	Year round + summer
Eligibility	2.0 + GPA
Program Description	Varsity & JV squads available. Cheer at home & away games. Stunts, gymnastics, and dance involved. Attend summer camp & competitions

<i>Cross Country</i>	<i>Boys & Girls</i>
Advisor Contact	Coach Mark Hoskisson Rm. 753 mhoskisson@sandi.net ext. 4753 C.Brewster (619)495-8153 chris.c.brewster@gmail.com
Meeting Info	Daily practice 3:35, Meets are on Tuesdays & some Saturdays
Duration	August - November
Eligibility	2.0 + GPA
Program Description	Cross Country practices, races, and competitions open to both male and female of all grade levels

<i>Football</i>	
Advisor Contact	Varsity - Coach Cree & R.Lardizabal, JV & Freshman coaches x2162
Meeting Info	After school practices and games
Duration	Summer and Fall
Eligibility	2.0 + GPA
Program Description	Football practices and games for all grade levels

<i>Golf</i>	<i>Girls & Boys</i>
Advisor Contact	AI Coleman ext. 4801
Meeting Info	TBA; after school practices and games
Duration	February - May
Eligibility	2.0 + GPA
Program Description	Golf practices and tournaments for all grade levels

<i>Soccer</i>	<i>Boys</i>
Advisor Contact	Papo Santos papo@dentrodelfutbol.com
Meeting Info	TBA; after school practices and games
Duration	November - March
Eligibility	2.0 + GPA
Program Description	Soccer practices and games for all grade levels

<i>Soccer</i>	<i>Girls</i>
Advisor Contact	Melissa Golembeck, Girls P.E. mgolembeck@sandi.net ext. 2121
Meeting Info	TBA; after school practices and games
Duration	November - March
Eligibility	2.0 + GPA
Program Description	Soccer practices and games for all grade levels

<i>Softball</i>	<i>Girls</i>
Advisor Contact	Dion Moore, Rm 1203 dmoore1@sandi.net ext5203
Meeting Info	TBA; after school practices and games
Duration	February - May
Eligibility	2.0 + GPA
Program Description	Softball practices and games for all grade levels

<i>Swim team</i>	<i>Girls & Boys</i>
Advisor Contact	Renee Bauer, Rm 209 rbauer@sandi.net
Meeting Info	TBA; after school practices and games, City Heights Rec Center
Duration	February - May
Eligibility	2.0 + GPA
Program Description	Swim practices and games for all grade levels

<i>Tennis</i>	<i>Boys & Girls</i>
Advisor Contact	John Rivino jrivino@sandi.net ext. 2162
Meeting Info	TBA; after school practices and games
Duration	Fall
Eligibility	2.0 + GPA
Program Description	Practices and games for all grade levels

<i>Track</i>	<i>Boys</i>
Advisor Contact	Stewart Payne paynesj@att.net
Meeting Info	TBA; after school practices and games
Duration	February - May
Eligibility	2.0 + GPA
Program Description	Track practices and games for all grade levels

<i>Track</i>	<i>Girls</i>
Advisor Contact	Stewart Payne paynesj@att.net
Meeting Info	TBA; after school practices and games
Duration	February - May
Eligibility	2.0 + GPA
Program Description	Track practices and games for all grade levels

<i>Volleyball</i>	<i>Girls & Boys</i>
Advisor Contact	Coach Vince Guarnotta vquarnotta@sandi.net ext. 2162
Meeting Info	TBA; after school practices and games
Duration	November - March
Eligibility	2.0 + GPA
Program Description	Volleyball practices and games for all grade levels

<i>Water Polo</i>	<i>Boys</i>
Advisor Contact	Luis Azurdia azuridaluis@yahoo.com
Meeting Info	TBA; after school practices and games, City Heights Rec Center
Duration	August - October
Eligibility	2.0 + GPA
Program Description	Swim practices and meets for all grade levels

<i>Wrestling</i>	
Advisor Contact	Coach Mark Hoskisson Rm. 753 mhoskisson@sandi.net ext. 4753 Assistant Coach Curt Dokken cdokken@worldimpact.org
Meeting Info	After school practices and meets 3:30 - 6:15 in wrestling room (Big Gym)
Duration	November - March
Eligibility	2.0 + GPA
Program Description	Wrestling is a JV and Varsity sport. We compete in dual meets against other schools, as well as invitational tournaments both local and out of town. There are 14 different weight classes ranging from 103-285 lbs.

Organizations & Clubs:

<i>Aaron Price Fellows</i>	
Advisor Contact	Kasimu Harley, kharley@sandi.net
Executive Director	Jacqueline Sherman-Rustin
Meeting Info	Applications available in Counseling Office
Duration	Three years
Eligibility	Apply during Spring semester of 9 th grade
Program Description	To teach fellows about government, cultural, and business institutions in an effort to illustrate the importance of these institutions in their lives.

<i>Anime Club</i>	
Advisor Contact	Shari Kha, Room 1257
Meeting Info	Wednesdays and Thursdays Room 1257 during lunch
Duration	Year-round
Eligibility	N/A
Program Description	Watch, draw, and discuss Anime

<i>APAC</i>	
Advisor Contact	Robert North, Rm. 1302 rnorth@sandi.net ext.5302
Meeting Info	Thursdays at lunch in Rm. 1302
Duration	Ongoing until April
Eligibility	None
Program Description	Asian Pacific American Club that studies Asian culture & enjoys Asian cuisine

<i>Best Buy Movie</i>	<i>Making "Unsung Heroes"</i>
Advisor Contact	Michael Heu, mheu@sandi.net
Meeting Info	Wednesdays & Thursdays 3:00-4:00
Duration	Ongoing until April
Eligibility	None
Program Description	Students learn how to make movies using the imovie software. Will participate in creating a "Unsung Heroes" Bio Documentary to enter into the IVIE Movie awards in April

<i>Break Dance Club</i>	
Advisor Contact	Daniel Castro, Main Office dcastro1@sandi.net ext 2103
Meeting Info	Monday during lunch in the mini theater
Duration	Year-round
Eligibility	Love for Hip Hop
Program Description	Club practices break dancing, enters battles statewide, fundraising for events

<i>BSU</i>	<i>Black Student Union</i>
Advisor Contact	Yolanda Noyes, Teacher Rm A-2 ynoyes@sandi.net
Meeting Info	Every other Tuesday at lunch Rm A-2
Duration	Starts after Oct 7 2008
Eligibility	A desire to learn about History
Program Description	Learn and experience the rich and resilient culture of Black/African Americans. Participate in field trips and other exciting adventures.....

<i>Cardinals Interact</i>	
Advisor Contact	Beatrice Valencia, Price Charities bvalencia@pricecharities.org (619) 795-2008
Meeting Info	Applications available in main office
Duration	3 years
Eligibility	10 th graders
Program Description	Mission to master leadership & academic excellence by developing teamwork skills, peer coaching & positive community experience

<i>Culture Club</i>	
Advisor Contact	Shari Kha, Room 1257
Meeting Info	Mondays and Wednesdays Room 1257 during lunch
Duration	Year-round
Eligibility	N/A
Program Description	Play games from around the world and go on field trips

<i>Drama Club</i>	
Advisor Contact	Michael Heu Rm. 202 mheu@sandi.net
Meeting Info	TBA
Duration	Year-round
Eligibility	None
Program Description	A fun opportunity to get to know new people & explore the crazy art

	form of theatre
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<i>Eco Club</i>	
Advisor Contact	Ted Hernandez, Teacher Rm. A-11 thernandez@sandi.net ext. 32
Meeting Info	Wednesday at lunch & some Saturdays
Duration	Year-round
Eligibility	Attendance at meetings & participate in clean-ups
Program Description	Promote environmental awareness across campus & in the community

<i>JROTC</i>	
Advisor Contact	Alvin Coleman, JROTC Teacher Rm. 800 acoleman@sandi.net ext. 4801
Meeting Info	P.E. Elective
Duration	Various class periods, including 0 period & after school
Eligibility	Counselor approval, 2.5+ G.P.A. for certain activities
Program Description	Leadership through citizenship, respect, & responsibility. Students can be involved in color guard, community service & various other programs.

<i>Link Crew</i>	
Advisor Contact	Kasimu Harley, Trina Le
Meeting Info	4 times per year or More
Duration	All year and Two Year Commitment
Eligibility	11 th and 12 th graders with GPA 2.6 and up; limited 10 th graders, Must apply every year.
Program Description	Juniors and seniors serve as role models for incoming freshmen.

<i>M.E.Ch.A</i>	
Advisor Contact	Ignacio Gomez, Student Advocate igomez@sandi.net ext.2228
Meeting Info	Fridays at lunch in Counseling Office
Duration	Year-round
Eligibility	Open to all students interested in Latino culture & in attending college
Program Description	MEChA is dedicated to promoting higher education among Latino students through self-determination & cultural awareness

<i>Mind over Matter</i>	
Advisor Contact	Ron Moya, Teacher - Rm. 502 rmoya@sandi.net ext. 4502
Meeting Info	TBA, Lunches in Rm. 502
Duration	Year Round
Eligibility	None
Program Description	Study art & express emotions through various art templates

<i>Ocean Discoveries</i>	<i>BAHIA Marine Science Program</i>
Advisor Contact	Melissa Katigbak, Teacher Rm. Annex/FACES mkatigbak@oceandi.org 858-945-7323
Meeting Info	TBA - applications available in October and Due in December
Duration	Spring, summer, + 5 weeks in Mexico during summer. After school mtgs
Eligibility	Strong interest I science, research & attending a 4 year college. Commitment to the program with no more than 5 absences.
Program Description	Provide experimental education in the sciences & field research. Students travel to Baja California for 5 weeks during summer where they participate in ecological conservation focused science research.

<i>Octagon Club</i>	
Advisor Contact	Vincent Andrews, Teacher - Rm. 1301 vandrews@sandi.net ext. 5301
Meeting Info	Tuesday at lunch in Rm. 1301
Duration	Year-Round (September - June)
Eligibility	None
Program Description	Community service club affiliated with Optimists Club, one of world's largest community service organizations. Students will wor with local, regional & national organizations on community service projects in San Diego.

<i>Arabic Club</i>	
Advisor Contact	Theron Maas, tmaas@sandi.net ext. 2292
Meeting Info	Thursdays; lunch meetings Rm 203
Duration	School Year
Eligibility	Anybody interested
Program Description	Students Interested in speaking Arabic

<i>Young Life /</i>	<i>Fellowship of Christian Athletes</i>
Advisor Contact	Vicki Bishop, Teacher Rm. A-5 vbishop@sandi.net Jeremy Robinson & Coach Revino
Meeting Info	Thursdays at lunch Rm. A-5
Duration	Year-round
Eligibility	An interest in learning about Jesus Christ
Program Description	Bible club sponsored by young life & fellowship of Christian Athletes. Come meet others, eat pizza & enjoy speakers

<i>AP Club</i>	<i>Study Group</i>
Advisor Contact	Theron Maas, tmaas@sandi.net ext. 2292
Meeting Info	Intermittently during lunch Rm 203
Duration	Year-round
Eligibility	None
Program Description	AP Club meets intermittently as a social support for kids currently in or interested in taking Advanced Placement classes.

<i>Young Women's</i>	<i>Study Group</i>
Advisor Contact	Ellen Towers, Teacher Rm. 1152 etowers@sandi.net ext. 2288
Meeting Info	Thursdays at lunch Rm. 551
Duration	Year-round
Eligibility	None
Program Description	SDSU Women's Study work with Hoover High school students to promote healthy & productive lives for young women