



MIRA MESA HIGH SCHOOL

10510 Reagan Road • San Diego, CA • 92126

PHONE (858) 566-2262
FAX (858) 549-9541

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Dear Parents/Guardians:

State law requires that parents/guardians be notified of any school classes providing instruction in sex education and/or sexually transmitted diseases, including HIV/AIDS. In San Diego Unified School District (SDUSD), Family Life, Sex Education, and HIV prevention are required in grades 6, 8 and high school. Programs include information on puberty and reproductive anatomy, relationships, refusal skills, sexually transmitted disease (STDs) and HIV/AIDS. These lessons comply with state education requirements and include:

1. Information on the nature of HIV and STDs including methods of transmissions.
2. Discussion of methods to reduce the risk of HIV and STD infections.
3. Information on local resources for HIV testing and medical care.
4. Development of refusal skills.
5. Discussion of societal views on HIV/AIDS including stereotypes and myths.

To provide you with opportunity to preview instructional materials, you may review a copy of the Education Codes pertaining to HIV/AIDS instruction and sex education on the District website. www.sandi.net/depts/sex_ed

If you do not want your child to participate in these lessons, please notify the school in writing by September 30, 2011.

Sincerely,

Scott Giusti
Principal